

LONDON

# metro



**TABOOS AROUND  
EATING HORSES MAY BE  
SOFTENING IN CANADA  
AND OTHER COUNTRIES**  
THE RECENT HORSE-MEAT SCANDAL IN EUROPE  
HAS MANY SEARCHING FOR 'HORSEMEAT  
RECIPES' ONLINE

PAGE 6 &amp; 7



## KNIGHTS CLINCH FIRST

London's Max Domi, centre, carries the puck into the Kitchener Rangers zone in Sunday's game at Budweiser Gardens. London won 6-1 to clinch its sixth Western Conference title in the last 10 years. Domi had two goals and two assists. Alex Broadhurst, with two, Chris Tierney and Remi Elie also scored for the Knights. Evan McEneny scored for the Rangers, who fired 31 shots at Anthony Stolarz. London had 33 shots. For a story on the "Golden Voice" of the Knights, see page 3. MARK SPOWART/FOR METRO



MY VISION  
IS WORTH  
\$\_\_\_\_\_.

Derek Schwager • Feb. 9 • Belleville

**LOTTO  
649**

**LOTTO  
649 \$100,000 A YEAR  
FOR LIFE BONUS**
**WINNER**
 NEWS  
WORTH  
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## Found love in a hopeless place

Rihanna claims that things are working better now with Chris Brown because the two have grown up in the last four years [PAGE 15](#)

## City gets applauded

Council's decision to redirect cash to a prosperity plan has garnered praise from some citizens and councillors [PAGE 2](#)

# Toronto takes lion's share of funds for region

### Southern Ontario.

Remote, sparsely populated areas in the region left out as Greater Toronto Area gets economic boost

Canada's newest have-not region, southern Ontario, got its own billion-dollar bailout fund from Ottawa in 2009, after recession devastated the province's manufacturing sector.

Four years later, the first report card on how the money was spent shows that bustling Toronto scooped up the lion's share of benefits.

The finding comes in an internal evaluation of the Federal Economic Development Agency for Southern Ontario

### Review

- The findings on the billion-dollar bailout fund are from a July 2012 analysis commissioned from the Centre for Spatial Economics, in Milton, for a mid-term review of the agency's success in rejuvenating southern Ontario's economy.
- A copy of the analysis was obtained by The Canadian Press under the Access to Information Act.

— FedDev Ontario, for short — which runs job-creation programs stretching from Ottawa to Windsor.

Prime Minister Stephen Harper launched the agency in

August 2009, saying it would be based in Kitchener because he didn't want it in Toronto.

"The goal was quite simple — to have a fairly central location that wasn't in the (Greater Toronto) area," he said at the time.

But Canada's biggest city pulled in the largest share of money and jobs from the regional fund anyway — a far cry from the days when economic development agencies helped remote, sparsely populated regions with hard-scrabble economies.

The economy of the Greater Toronto Area expanded by about \$706 million in the short term through fund investments, which overall boosted southern Ontario's economy by some \$2 billion.

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# Budget compromise fair, say politicians, citizens

## Economic development.

Coun. Matt Brown's amendment appeases business interests

MARK SPOWART  
[london@metronews.ca](mailto:london@metronews.ca)

City council's budget decision to redirect cash allotted for tax reduction to a prosperity plan has garnered praise from some citizens and councillors.

During Thursday's lengthy budget talks, Coun. Matt Brown tabled an amendment

that has appeared to appease business leaders and other members of council, or at least many of them.

Brown's amendment saw \$1.1 million redirected into the economic-development reserve fund, out of \$2.5 million that was originally earmarked for tax reduction.

So although property taxes will increase by 1.2 per cent this year, some money was also put toward the city's 10-year, \$60-million prosperity plan.

"It is nicely split," said Sean Quigley, executive director of Emerging Leaders London. "(It) made a move towards keep-

ing taxes down and investing into the economic-prosperity fund. Even in terms of our provincial and federal partners, it signals our intention to invest in our growth."

To create the prosperity plan, city officials asked Londoners to come forth with ideas on economic development. From the many who



**Joe Swan** CONTRIBUTED

submitted proposals, a handful were selected to present their plans to council.

Coun. Joe Swan headed the prosperity plan committee, and supported the budget compromise.

"I think it is a good balance," he said. "It is being able to control taxes, protect essential services, and invest in more job creation going forward."

But Coun. Bud Polhill didn't agree.

"I would have preferred the levy not to be split the way it was. I didn't support it," said Polhill, who was joined by Paul

## Prosperity-plan projects

- Preparing more land for industrial development.
- Redeveloping property around London Hydro.
- Developing a medical research fund.
- Build a performing arts centre downtown.
- One-year pilot programs to reduce unemployment.

VanMeerbergen and Dale Henderson in voting against the idea. "What we did makes no difference to anyone."



## 30-year-old Joe Kool is pretty popular

Joe Kool's owner Mike Smith and a few of his closest friends packed into Jim Bob Ray's for Joe Kool's 30th anniversary bash on Saturday. Smith and the rest of the staff at Joe Kool's held the celebration next door at Jim Bob Ray's to accommodate the large crowd. For pictures from the event, visit [metronews.ca](http://metronews.ca). MARK SPOWART/FOR METRO

## Day of Action. Protesting health-care cuts

Health Minister Deb Matthews' constituency office in London will be one of the sites of a province-wide protest Monday.

The protest will take place Monday from 4 p.m. to 6 p.m. at 242 Piccadilly St.

Organized by the Ontario Health Coalition, "S.O.S. — Save Our Services Day of Action" is designed to bring awareness to changes being made to health care by the provincial government.

"We have some old hospital beds, and we will be play-



**Deb Matthews**  
TORSTAR NEWS SERVICE

ing musical chairs with the beds," said local organizer Jeff Hanks. "When the music stops, the bed may or may not be there because of health cuts."

According to the coalition's website ([web.net/ohc/](http://web.net/ohc/)), "services are being demonstrably privatized to for-profit corpora-

tions, despite repeated government promises to the contrary."

The coalition, which represents more than 400 health organizations across the province, has claimed "the Ontario government's austerity budget is causing unprecedented cuts."

The Ontario government is cutting health spending by more than \$3 billion, most of which will be shouldered by hospitals and the Ontario Health Insurance Plan.

MARK SPOWART/FOR METRO

## House fire. South London man saves family

A London family is staying in a hotel after their house caught fire early Sunday morning.

Firefighters were called to the 800 block of Jalna Boulevard in the city's south end shortly after 5 a.m. to a fire at a townhouse.

Mike Chams owns the townhouse and told AM980 he was woken up by the sound of a smoke-detector alarm.

"When I (saw) the smoke I ran back upstairs," Chams said.

"I got the kids out of the house. Then, smoke was getting worse and worse. That's when I called the fire department."

An exact damage estimate is not yet known but officials expect it to be upward of \$100,000.

"The neighbouring home actually suffered no damage, no smoke, no nothing," Fire Insp. James Hein said.

The cause of the fire was not yet known. **AM980/AM980.CA**

## Business competition. Final 6 nominees chosen

Six local businesses are one step closer to winning more than \$50,000 in cash, prizes and business-acceleration services.

The finalists in the 2013 Venture London Business Competition were announced in two categories. The nominees for start-up businesses are The EZ Creeper Company, Forked River Brewing Company and SunWash Technologies Inc.

For existing businesses, the

finalists are ATMOS Marketing, Classic Mail Management and Universitybrand.

Finalists will present their businesses to a panel of judges who will choose the winner in each category.

Now in its fifth year, Venture London is designed to support and celebrate new and growing London-based ventures.

For more information visit venturelondon.ca. METRO

### Sa-weet!

### Sugar Bush begins

If you've got a sweet tooth, weekends in March are the time for you. The 40th annual Kinsmen Fanshawe Sugar Bush kicked off this weekend at the Fanshawe Conservation Area.

This year, the festival features tours, hayrides, musicians, wood-carving demos and, of course, lots of pure maple syrup.

AM980/AM980.CA

### Windermere Manor

### Diva Day delivers

There was lots of pampering going on in London on Sunday. The 10th annual Diva Day was held at the Windermere Manor to raise money for the London and District Distress Centre.

Practitioners volunteered to give manicures, pedicures and massages to guests. The event is expected to have raised about \$25,000. AM980/AM980.CA

# Fanshawe smells top prize at culinary cook off



Alex Jolink, a Fanshawe student, works on dessert. MARK SPOWART/FOR METRO

### Culinary Arts Salon.

Winners may have chance to compete in world cooking Olympics

Fourteen Fanshawe College culinary-management students burned the midnight oil — but nothing else — this weekend as they prepared for the 2013 Culinary Arts Salon competition Monday in Toronto.

The three-day national contest pits Fanshawe's best against students from George Brown, Humber, Niagara College and private schools.

"The competition opens the door for them to compete on a national team, if they choose to take this further, representing Canada at the World Culinary Olympics in Germany," said Fanshawe instructor Scott Baechler.

Baechler knows both the pressure and the opportunity of competing in this event.

### Taste of victory

Fanshawe's 2012 team won Grand Gold (best overall) for the second year in a row, beating out about 50 competitors from across Canada. They won five gold, four silver, one bronze medal, and several "best of" awards.

"It is a huge thing. A lot of the pressure for the competition itself comes from internally with the students, it is not so much from me," he said. "It is also a great way to network, to meet different chefs, but ultimately it is the goal that hopefully they will be selected to join Team Ontario and represent the nation."

On Sunday, the students competing in the competition began their day around 11 a.m. and prepared food into the night, and they were set to board a bus this morning for Toronto. MARK SPOWART/FOR METRO

## Knights' 'Golden Voice' a fixture of Hunter era

There are a handful of things that define the London Knights' Hunter era.

Its culture of winning. The unrelenting fan support. The Memorial Cup. Graduating three first-overall NHL draft picks over an eight-year stretch.

And, of course, the booming voice of Mike Stubbs, the radio play-by-play caller for 1290 CJBK.

Stubbs will call the 975th regular-season Knights game of his career on Wednesday when the team travels to Owen Sound. Following the final regular-season game, Stubbs will have a total of 1,142 Knights games under his belt.

Not only does the team embrace him — "We're always teasing him that he's got the Golden Voice of London," assistant coach Dylan Hunter said — but so do hockey followers league-wide.

Pete James, a broadcaster



1290 CJBK's Mike Stubbs calls Friday's game. JOHN MATISZ/METRO

dubbed London's "Godfather of Sports," says Stubbs is up there with the best the Ontario Hockey League has to offer.

"Mike was the type of guy, when we travelled together on the bus, all he did was write up little thumbnail sketches on the other team," James said. "He read them over and over and over again."

Memorizing the nuances of

the home team is a necessary task for a play-by-play man. Having an equally strong grasp on the competition, though, is what seems to set Stubbs apart.

"He's like an encyclopedia of hockey," Hunter said. Added Jim Van Horne, Stubbs' partner in the broadcast booth: "The flow of his call is just like the game. His head is so into it."

JOHN MATISZ/METRO



### Basketball

### Lightning drops season finale

In their last home game of the regular season on Saturday, the London Lightning

were defeated 109-105 by the Summerside Storm in front of 4,759 fans at Bud Gardens.

Adrian Moss led the Lightning in scoring with 21 points, with Rodney Buford adding 20 more points.

"We have to learn from

this game to get that championship," said Moss.

The semifinal round of the NBL playoffs will begin the last week of March. London will be seeking its second-straight league championship. METRO

## Seffner, Fla. Heirlooms recovered from family home ruined by sinkhole

Crews on Sunday razed more than half of the Tampa-area home perched over a huge sinkhole that swallowed a man three days ago, managing to salvage some keepsakes for family members who lived there.

The house had been owned by Leland Wicker since the 1970s.

The operator of the heavy equipment worked gingerly. Family belongings were scooped onto the lawn in hopes of salvaging parts of the family's 40-year history in the home.

As of Sunday afternoon — when demolition had stopped for the day and only a few walls of the home remained — a Bible, family photos, a jewelry box and a pink teddy bear were among the items saved. Firefighters were also



**Jeremy Bush, right, prays by his former home.** CHRIS O'MEARA/THE ASSOCIATED PRESS

able to unearth a purse.

Wanda Carter, daughter of Leland Wicker, cradled the large family Bible in her arms. She said her mother and father had stored baptism certificates, cards and photos between the pages of that Bible over the years.

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## Gastroenteritis. Queen Elizabeth hospitalized for first time in a decade

Britain's Queen Elizabeth II was hospitalized on Sunday over an apparent stomach infection that has ailed her for days, a rare instance of ill health sidelining the long-reigning monarch. Elizabeth will have to cancel a visit to Rome and other engagements as she recovers, and outside experts said she may have to be rehydrated intravenously.

Buckingham Palace said the 86-year-old queen had experienced symptoms of gastroenteritis and was being examined at London's King Edward VII Hospital — the first time in a decade that Elizabeth has been hospitalized.

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The symptoms of gastroenteritis — vomiting and diarrhea — usually pass after one or two days, although they can be more severe in older people. Dehydration is a common complication.

The illness was first announced on Friday, and Elizabeth had to cancel a visit to Swansea, Wales, on Saturday to present leeks, a national symbol, to soldiers of the Royal Welsh Regiment. She instead spent the day trying to recover at Windsor Castle, but appears to have had trouble kicking the bug.

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## Expectant parents die in car crash — but baby survives



**A crowd gathers in front of the Brooklyn synagogue where funeral services were held for the expectant parents.** VERENA DOBNIK/THE ASSOCIATED PRESS

A pregnant young woman who was feeling ill was headed to hospital with her husband early Sunday when their car was hit, killing them both — but their baby boy was born prematurely and survived, authorities and a relative said.

The driver of a BMW slammed into the car carrying Nachman and Raizy Glauber, both 21, at an intersection in the Williamsburg neighbourhood of Brooklyn, said Isaac Abraham, a neighbour of Raizy's parents who lives two blocks from the scene of the

crash.

Raizy was thrown from the car and her body landed under a parked tractor-trailer, witnesses said. Nachman was pinned in the car, and emergency workers had to cut off the roof to get him out, witnesses said.

Both were pronounced dead at hospital, police said, and both died of blunt-force trauma, according to the medical examiner.

Their infant son was in serious condition, said Abraham. The hospital did not

return calls about the child. The Glaubers' driver was in stable condition, police said. The driver of the BMW and a passenger fled and were being sought, police said.

On Saturday, Raizy was "not feeling well," so they decided to go to the hospital, said Sara Glauber, Nachman's cousin. Abraham said the Glaubers called a car service because they didn't own a car.

The Glaubers were married about a year ago and had begun a life together in Williamsburg, where Raizy grew

up in a prominent Satmar Orthodox Jewish rabbinical family, Sara said.

Jewish law calls for burial of the dead as soon as possible, and hours after their deaths, the Glaubers were mourned at a funeral on Sunday afternoon. Dozens gathered shoulder to shoulder on the street outside a synagogue.

Afterward, the cars carrying the bodies left and headed to Monsey, where another service was planned in Nachman's hometown.

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# Baby may be second person cured of AIDS

**Mississippi.** Aggressive treatment just after birth left child healthy a year off medication

A baby born with AIDS appears to have been cured, scientists announced on Sunday. The child from Mississippi is now two and a half and has been off medication for about a year with no signs of infection.

There's no guarantee the child will remain healthy, although testing uncovered just traces of the virus's genetic material still lingering. If so, it would mark only the world's second reported cure.

A doctor gave this baby faster and stronger treatment than usual, starting a three-drug infusion within 30 hours of birth. That was before tests confirmed the infant was infected and not just at risk from a mother whose HIV wasn't diagnosed until she was in labour.

The child responded well through age 18 months, when the family temporarily quit returning and stopped treatment, researchers said. When they returned several months later, remarkably, standard tests came back negative.

Ten months after treatment stopped, a battery of supersensitive tests at half a dozen laboratories found no sign of the virus's return.

The fast action apparently knocked out HIV in the baby's blood before it could form hideouts in the body. Those so-called reservoirs of dormant cells usually reinfect anyone who stops medication, said Dr. Deborah Persaud of Johns Hopkins Children's Center. She led the investi-



**Dr. Deborah Persaud is the lead investigator into the cure's success.** JOHNS HOPKINS MEDICINE/THE ASSOCIATED PRESS

### Long odds

**"I just felt like this baby was at higher-than-normal risk and deserved our best shot."**

Dr. Hannah Gay, pediatric HIV specialist at the University of Mississippi

tigation that deemed the child "functionally cured," meaning in long-term remission even if all traces of the virus haven't been eradicated.

Next, Persaud's team is planning to try to prove that, with more aggressive treatment of other high-risk babies, "maybe we'll be able to block this reservoir seeding," Persaud said.

The Mississippi case shows "there may be different cures for different populations," said

Dr. Rowena Johnston of amfAR, which funded Persaud's team to explore possible cases of pediatric cures.

It also suggests that scientists should look back at other children who have been treated since shortly after birth, including some reports of possible cures in the late 1990s that were dismissed at the time, said Dr. Steven Deeks of the University of California, San Francisco.

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### First cured

The only other person considered cured of the AIDS virus underwent a very different and risky kind of treatment.

- Cure.** Timothy Ray Brown of San Francisco received a bone-marrow transplant from a special donor, one of the rare people naturally resistant to HIV.

- Long term.** He has not needed HIV medications in the five years since that transplant.

# U.S. rewards Egypt with aid money for promises of reform



An Egyptian activist shouts slogans as she holds a poster depicting Egyptian Islamist President Mohammed Morsi doctored to resemble Adolf Hitler during a protest outside the Egyptian foreign ministry being visited by U.S. Secretary of State John Kerry in Cairo. AMR NABIL/THE ASSOCIATED PRESS

**\$250 million.** U.S. Secretary of State gives assistance to President Morsi in support of Egypt's 'future as a democracy'

U.S. Secretary of State John Kerry on Sunday rewarded Egypt for President Mohammed Morsi's pledges of political and economic reforms by releasing \$250 million in American aid to support the country's "future as a democ-

**Quote**

**"There must be a willingness on all sides to make meaningful compromises on the issues that matter most to all of the Egyptian people."**

U.S. Secretary of State John Kerry

racy."

Yet Kerry also served notice that the Obama administration will keep close watch on how Morsi, who came to power in June as Egypt's first freely elected president, honours his commitment and that additional U.S. assistance would depend on it.

"The path to that future has clearly been difficult and much work remains," Kerry said in a statement after wrapping up two days of meetings in Egypt, a deeply divided country in the wake of the revolution that ousted longtime President Hosni Mubarak.

Egypt is trying to meet conditions to close on a \$4.8 billion loan package from the International Monetary Fund. An agreement would unlock more of the \$1 billion in U.S. assistance promised by President Barack Obama last year and set to begin flowing with Kerry's announcement.

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**More to come?**

The territorial gains are a significant blow to Assad, although his forces have regained control of several villages and towns along a key highway near Aleppo International Airport — which could signal the start of a decisive battle for Syria's commercial capital.

rebel-held Aleppo suburbs of Manbah and Jarablus, a statement said. The stated goal of his trip — his first since being named the leader of the Syrian National Coalition late last year — was to inspect living conditions.

But his foray to the edge of Aleppo also could be an attempt to boost his group's standing among civilians and fighters on the ground, many of whom see the Western-backed political leadership in exile as irrelevant and out of touch. THE ASSOCIATED PRESS

## Protesters demand health details of Chavez

Hundreds of protesters took to the streets of Venezuela's capital on Sunday, demanding the government provide complete details about the health of ailing President Hugo Chavez. At the same time, Chavez supporters staged their own rally in the city.

Protesters waving Venezuelan flags chanted "Tell the Truth!" as they marched through eastern Caracas. They accused government officials of keeping from the public a full account of Chavez's condition.

"They don't tell us the

truth," complained Mildred Moreau, a 64-year-old woman who said Chavez isn't healthy enough to govern the country. "We feel that they are trying to trick us."

The protest was staged a day after Vice-President Nicolas Maduro said Chavez has been receiving chemotherapy while recovering from a severe respiratory infection. Officials have sent mixed signals about Chavez's condition, sometimes saying he's recovering and at other times saying he's battling for his life. THE ASSOCIATED PRESS



A demonstrator with her lips painted with the colours of the Venezuelan flag attends a protest on Sunday.  
FERNANDO LLANO/THE ASSOCIATED PRESS

**Southern Pakistan**

### Car bomb outside mosque kills at least 37 in Shiite Muslim area

A car bomb exploded outside a mosque on Sunday, killing 37 people and wounding another 141 in a Shiite Muslim dominated neighbourhood in the southern Pakistani city of Karachi.

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**West Bank**

### Israeli police question 17-year-old girl regarding group attack on Palestinian woman

Israeli police say they have questioned a 17-year-old Israeli girl from a West Bank Jewish settlement suspected of participating in a group attack on a Palestinian woman last

week at a Jerusalem train station.

Jerusalem Police Chief Yossi Pariente told Israeli reporters Sunday that the Palestinian woman told police that Israeli women spit on her, attacked her and ripped off her headscarf. A bystander photographed the incident and the photos were publicized widely in Israeli media.

Relations between Israelis and Palestinians in Jerusalem are tense.

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# Horse as the main course

**On the menu.** What's distasteful to some is more than palatable at Toronto's La Palette

JESSICA SMITH  
jessica.smith@metronews.ca

Shamez Amlani says he understands being vegan — but refusing to eat horse while chowing down on the noble cow and the friendly pig? That's just "speciesism."

Amlani and his wife opened La Palette on Toronto's Queen West just over 12 years ago. When he first asked his meat supplier to find him horse, there weren't any other restaurants in Toronto serving it. La Palette, he said, offered it clandestinely to customers with a "pssst, we have horsemeat" whisper, rather than putting it on the menu.

Now, horse tartare and two horse main courses are on the menu. Horsemeat, being so lean, is a favourite of athletes but is also so tender his wife calls it "the butter of meats," he said.

As it turns out, we might not eat a lot of horse but we supply a lot of people who do.

Canada exports thousands of kilograms of horsemeat each year.

Amlani said horsemeat squeamishness can be traced to 732, when Pope Gregory III decreed eating horse a "filthy and abominable custom."

"People will have a very schizophrenic approach to why you shouldn't eat it — they'll start by saying they're companion animals, they'll



Horse tartare and tenderloin, as prepared by Chef Brook Kavanagh of La Palette. FERNANDO CARNEIRO/METRO

## Taste test

### Savouring the tenderest of meats

To me, the horsemeat debate comes down to taste. We eat beef, pork — why not horse?

On to the taste test. La Palette, a French bistro on Queen Street West, serves horsemeat.

I started with a tartare — raw horsemeat with onions and seasoning.

I was surprised by how tender horsemeat is, despite being so lean. It's also

mild — much milder than beef. I wondered if the seasonings were keeping me from fully tasting the meat. The dish was delicious, but I wanted horse on its own.

The tenderloin gave me that opportunity. Seared on the outside and rare on the inside, it was accompanied by a mushroom oat risotto, seasonal vegetables and a port reduction. I could've eaten the meat with a spoon, it's so soft. And a little sweet. It won me over.

FERNANDO CARNEIRO  
Metro  
fernando.carneiro  
@metronews.ca

tell you it's bad for you because of (drugs) that might be present in the meat and they'll switch back to, 'But they're so cute,' he said.

Others will encourage a distaste for horsemeat as "the thin edge of the wedge"

in their attempts to convert others to veganism.

Amlani knows all about people's objections. His restaurant has been the focus of protests, and sometimes diners walk out when they see horsemeat on the menu.

## Arguments in the horsemeat controversy

- Argument:** Horses can be mistreated or unethically killed. Last winter, the Toronto Star published an exposé about horses bought at a "kill" auction in the U.S. It followed a trailer of horses that were left without food, water or room to move for 22 hours as they made the trip to an abattoir in Quebec. The Canadian Horse Defence Coalition has secretly filmed some of Canada's abattoirs and found some instances in which horses are improperly killed.
- Counterargument:** It's no different than cattle slaughter — humane. Horsemeat proponents argue the process is the same as the slaughter of cattle. Plus, killing a horse for its meat, instead of

leaving it improperly cared for at a farm that no longer has use for it, is ultimately more humane.

- Argument:** There could be harmful drug residue. Phenylbutazone (PBZ) is an anti-inflammatory given to many horses, especially racehorses, which can end up at abattoirs. The drug can cause serious health problems in humans if ingested.

**Counterargument:** Horsemeat is tested. The Canadian Food Inspection Agency (CFIA) has a "zero tolerance for phenylbutazone in food" and conducts random spot tests of horsemeat for residue of the drug, finding "a very high compliance rate" with the law.

ROBSON FLETCHER/METRO IN CALGARY

## Some horsemeat stats

**13,489** Canada exported 13,489 metric tonnes of horsemeat in 2011. That's down 24 per cent since 2010, when Canada exported 17,766 metric tonnes.

**89,348** There were 89,348 horses slaughtered in licensed slaughterhouses in Canada in 2011, each weighing an average 0.28 metric tonnes.

## Recipe pays homage to one of the most beautiful animals

### Hayfire Roasted Horse Tenderloin with the Foods It Liked Most

- 2 pounds horse tenderloin
- damp hay
- applewood
- 1/4 cup rendered horse suet
- 2 large heirloom carrots
- 2 firm cooking apples
- 1 tbsp fermented oat paste (could substitute miso)
- 2 cups alcoholic dry apple cider
- 2 tbsp apple cider vinegar
- 2 cups finely diced carrots, onions and celery (mirepoix)
- 1 tsp julienned fresh sage leaf
- 10 pounds horse bones
- whole oats
- good butter
- chives

**For the horse and its carrots and apples:** Build an applewood fire. Over it suspend a rendered-horse-suet-brushed cast iron grill. When the fire subsides and the embers burn bright, place a layer of damp hay, the whole carrots and apples (peels intact), then more damp hay over the coals. Place the seasoned tenderloin on the hot grill and roast on all sides over the apple-hay smoke until the outside is deep brown and crispy. Move the horse to a warm corner of the fire to rest before slicing. Peel

the cooked apples and carrots.

**For the horse's oats:** Make a stock of horse marrow bones, fermented oat paste and roasted hay. Toast the whole oats in good butter with sage. Add the mirepoix, deglaze with a dry alcoholic apple cider, the cider vinegar and the horse stock. Simmer until oats are tender, adding more stock as necessary. Finish with more good butter, chives, and season to taste.

**For the horse reduction:** Boil the remaining horse broth with a cup of apple cider until it is thick and sticky. Right before serving add a few spoons of cold butter and whisk to incorporate. Serve each guest a few spoons of the oats, a thick slice of tenderloin, a few slices of apples, carrots and the reduction.

CHEF BROOK KAVANAGH,  
LA PALETTE

WH  
YO  
TAS

The recent horsemeat scandal has generated more curiosity than controversy. Searches for 'horsemeat recipes' spiked dramatically following news that horsemeat disguised as beef had been sold across Europe. In Canada, searches for

## Which meat will you eat?



"It's based on taste. I like steak, I like beef, chicken.... I've never had horsemeat before. But I would if it was good."



"I would try almost anything. I've eaten venison; I've eaten buffalo, elk, kangaroo — I think ... — and ostrich."

Stephanie Nadler, 50, artist and stay-at-home mom, eats meat

## Would you eat horsemeat?



"To me, meat is meat... I don't understand why it's different than cow or pig."



"I don't think people should eat horsemeat.... So many people love horses and have them as a pet."

Logan Thayalan, 30, database assistant, eats meat, but not horsemeat

# Who's not too sweet to eat?

We asked which animals would you eat. Here's how you voted



# AT'S UR TE?

'horse recipe' have been generally trending upward since 2008, reaching an all-time high this February. Volumes were highest in Alberta, perhaps indicating that cattle country is developing a taste for horses.

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canadaslondon.com

## He's a winner on Twitter

The deadline for Liberal leadership hopefuls to sign up new supporters for the party and their candidacies was Sunday. Over the last six months, Justin Trudeau signed up new Twitter followers at a rate far outpacing his rivals, gaining an average of 6,743 a month, with Marc Garneau trailing with an average of 886 followers a month.

GRAEME ROY/THE CANADIAN PRESS

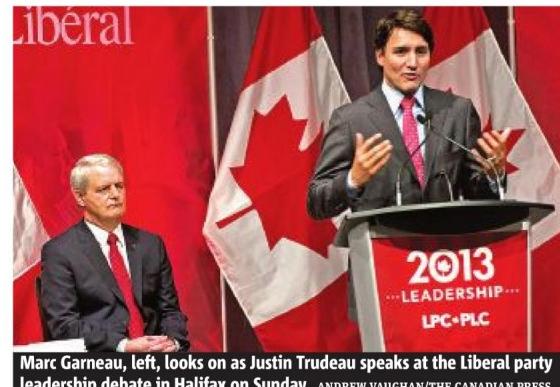
# Trudeau blasts rival over negative ploys

**Liberal leadership race.** Star candidate has increasingly found himself the subject of attacks in recent weeks

Liberal Justin Trudeau accused a rival of resorting to negative tactics during a leadership debate Sunday as he attacked assertions that his bid for the party's top job has been heavy on rhetoric but light on detail.

Trudeau took Marc Garneau to task during a one-on-one at the debate in Halifax, saying that the Liberals don't want to see the party "turned on each other."

"That's why I'm restlessly positive in this campaign, and that's why the top-down, backroom-heavy negative campaign that has been run by other people in this campaign is something that I don't think Liberals want to see," said Trudeau, who has boasted about running a positive campaign.



Marc Garneau, left, looks on as Justin Trudeau speaks at the Liberal party leadership debate in Halifax on Sunday. ANDREW VAUGHAN/THE CANADIAN PRESS

The sparring between the two Quebec MPs was one of the more spirited exchanges in the two-hour debate that also saw candidates attack Joyce Murray's plan to work with the NDP and Greens to defeat the Conservatives.

Garneau said Trudeau has been ducking the big issues, telling the perceived frontrunner that Canadians deserve more than platitudes.

"I believe that Canadians want to see substance. They don't want empty words," Garneau said. "They may not like what I have to say, but at least they will know where I stand."

Trudeau said he has voiced his views on a variety of issues, citing his opposition to the Northern Gateway oil pipeline and support for the legalization of marijuana as examples.

THE CANADIAN PRESS

## UN. Food plan urged to fight hunger

The United Nations right-to-food envoy says the Harper government's controversial decisions to scrap the long-form census and negotiate a free-trade deal with Europe will make it more difficult to fight poverty in Canada.

Those are among the many cutting observations made by Olivier De Schutter, the United Nations' special rapporteur on the right to food, who will release his report Monday in Geneva at a meeting of the UN Human Rights Council.

The report calls on Ottawa to create a national food strategy to fight hunger among a growing number of vulnerable groups, including aboriginals and people struggling to make ends meet on social assistance. It says the strategy should spell out the levels of responsibility between federal, provincial and municipal governments.

In the 21-page report, De Schutter also takes aim at some of the core items of the Harper government's agenda, saying they undermine access to food. THE CANADIAN PRESS

# Family, neighbours stunned by cop's shooting death



A shoulder patch for the Kativik police in Kuujjuaq, Que., is shown in this 2008 photo. TOM HANSON/THE CANADIAN PRESS FILE

### Quebec

## Parishioners root for cardinal

Worshippers from the home parish of a Canadian papal contender offered prayers and predictions on Sunday for one of their own.

Following mass at a church in northwestern Quebec, parishioners discussed the possibility of Cardinal Marc Ouellet inheriting St. Peter's throne.

Ouellet, 68, is a popular figure in the rural commun-

ity of La Motte, where he was born, raised and ordained as a priest.

Now, many here are rooting — and praying — for Ouellet, whose name has been mentioned as one of the front-runners to become the next pontiff.

"For a little village of 400 residents, it would be an honour to have a pope," said Leo Paul Larouche, who grew up with Ouellet in the village.

"I think there's a good chance he'll become pope. We're following it every day." THE CANADIAN PRESS

### Bobolink

## Threatened bird causing headaches

The bird has the voice of R2-D2 from Star Wars, but for land developers and farmers across Ontario, its call heralds the sound of an uncertain future.

The bobolink, a medium-sized black songbird with a white back and yellow collar, is creating friction between the Ontario government and the owners of the grasslands and hayfields it calls home.

Its status as one of 56 threatened species in Ontario, primarily caused by loss of habitat through development and farming, means it is protected under the law. But the bird's legal status is causing lengthy delays for land developers and can force farmers to avoid growing the crops the bobolink nests in.

The Endangered Species Act included the bobolink three years ago after its population dipped from about 1.5 million in the late 1990s to 800,000 in 2008. THE CANADIAN PRESS

### Elliot Lake

## Inquiry into mall collapse kicking off

A hearing into the collapse of a mall's rooftop parking lot almost nine months ago begins Monday as a public inquiry delves into the tragedy that killed two women and left the community of Elliot Lake bereft.

The inquiry, expected to hear from as many as 75 witnesses and last into the summer, will attempt to shed light on why concrete and

debris poured down on hapless Algo Centre Mall shoppers and staff last June 23.

The two-phased inquiry will also examine the adequacy of the emergency response and rescue efforts that were called off right after responders said they had detected signs of life in the rubble.

Commissioner Paul Belanger, who hopes to report by the end of January, has already stressed his mandate — as with all public inquiries — is to find out what happened, not to assign blame. THE CANADIAN PRESS

# Students as young as three use iPads in Edmonton classrooms

## 21st century learning.

'We have got to put these tools in their hands because it is the way of the future for sure,' says school principal

Like so many children before them, young students at an Edmonton elementary school are learning about patterns.

Yet the way in which the kindergarten and pre-kindergarten students at Katherine Therrien school are learning is anything but ordinary.

Students use iPads to take photos of patterns they spot in the room, including designs their classmates are creating with brightly coloured wooden blocks.



Kindergarten and pre-kindergarten students at Edmonton's Katherine Therrien school use iPads to learn about patterns. "It's the way of the future," says kindergarten teacher Susana Monteiro. ANNALISE KLINGBEIL/METRO

## Quoted

**"When they come to school and you say, 'Here's an iPad', it tugs at your heartstrings to look at their eyes."**

Principal Fernando Runco

sion and vision statement that emphasizes innovative learning.

Knowing that today's elementary schools need to prepare students for jobs that don't yet exist, Runco saw the importance of placing digital technologies in the hands of the school's 204 students.

He made technology a priority and today the school has iPads and laptops, flip cameras, wireless Internet and a video conference unit.

"The kids know that the school has undertaken this

transformation for them," Runco says.

Many of the school's students live in homes that can't afford computers, which served as more motivation to have students use technology at school, Runco says.

"When they come to school and you say, 'Here's an iPad', it tugs at your heartstrings to look at their eyes."

While Runco acknowledges placing a \$500 piece of technology into a three-year-old's hands is risky, he says the rewards are worth it. So far, the school's collection of iPads has remained intact, with no breakages or theft.

"If an accident were to happen where they drop it and it cracks, we'll deal with it when the time comes," Runco says.

"We just know that it's very important."

"We have got to put these

## Technology first

- Every classroom in Edmonton's Katherine Therrien school has a SMART Board and the school's library and computer lab were recently renovated into a 21st century multimedia centre complete with many iPads.

- Pre-kindergarten teacher Sarah Barclay says incorporating iPads stocked

with educational apps into the classroom allows students to receive instant feedback and is "a great assistive tool."

- Barclay says students want to be on the iPads a lot and managing screen time and teaching students the school's iPads are for learning can be challenging.

olds also carefully gather the iPads and turn them off.

ANNALISE KLINGBEIL/METRO IN EDMONTON

## On the web



For more news go to [metronews.ca](http://metronews.ca)

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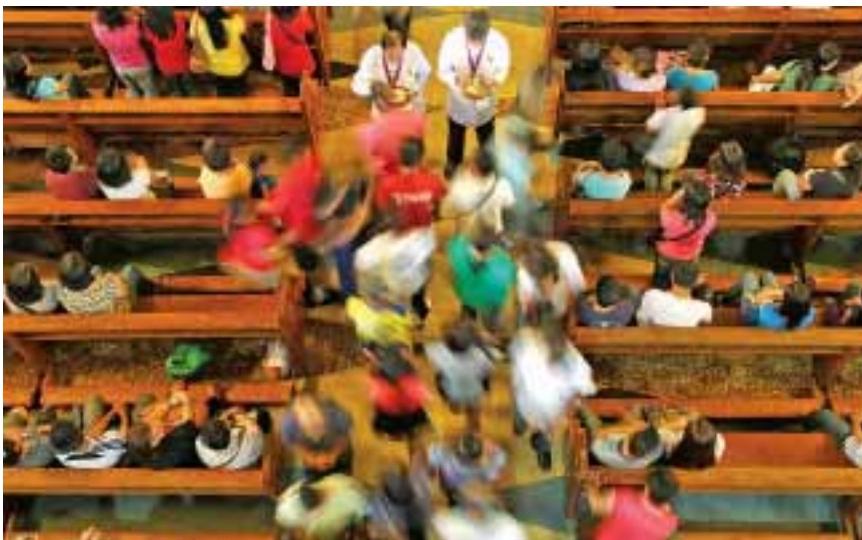
London welcomes the World Figure Skating Championships 2013

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Filipino Catholics receive communion during a mass at the Shrine of Our Lady of Perpetual Help in suburban Paranaque, south of Manila, Philippines, on Sunday. Filipinos in Asia's largest predominantly Roman Catholic nation on Sunday went to a church with no pope and prayed for the smooth rise of a successor to Benedict XVI who can lead an embattled church.

AARON FAVILA/THE ASSOCIATED PRESS

## Catholics hold first post-Benedict mass

Faithful Catholics attending Sunday Mass on five continents for the first time since Pope Benedict XVI's retirement had different ideas about who should next lead the Roman Catholic Church, with people suggesting everything from a Latin American pope to one more like the conservative, Polish-born John Paul II. What most agreed on, however, was the church is in dire need of a comeback.

Clergy sex abuse scandals and falling numbers of faithful have taken their toll on the church, and many parishioners said the next pope should be open about the problems rather than ignore them.

Worshippers in the developing world prayed for a pope from a poorer, non-Euro-

pean nation, while churchgoers in Europe said what was more important was picking a powerful figure who could stop the steep losses in Catholic numbers.

Some South African Catholics called for what they said was a more pragmatic approach to contraception given the AIDS epidemic devastating that continent. They also suggested ending the celibacy requirement for priests, insisting on what's viewed as the traditional importance of a man having a family.

Catholics likely will find out this week whether such hopes become reality, as cardinals worldwide arrive in Rome for a conclave that will elect a new pontiff. Many expect the church to pick another Euro-

pean to replace the Pope Emeritus Benedict XVI, who resigned on Thursday.

In Brazil, the Vatican has seen its numbers chipped away by neo-Pentecostal churches offering the faithful rollicking music-filled services and hands-on practical advice. It's an approach matched by the massive Mother of God sanctuary led by Brazil's Grammy-nominated "pop-star priest" Marcelo Rossi.

More traditional Catholics snub Rossi's "charismatic" masses, but many point to his style of aggressive evangelization as the way forward in the world's biggest Catholic nation, which has seen Catholics drop from 74 per cent of the population in 2000 to 65 per cent a decade later.

THE ASSOCIATED PRESS

## Cardinal sorry for sexual conduct

A Scottish cardinal on Sunday acknowledged having engaged in unspecified sexual misbehaviour, apologized for his actions and promised to stay out of the church's public life in a statement that comes at an awkward time for the Vatican.

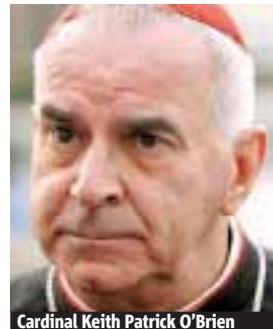
Cardinal Keith O'Brien had been Britain's highest-ranking Catholic leader until he resigned Monday from his position as archbishop of St. Andrews and Edinburgh, a departure prompted by a newspaper report about unnamed priests' allegations that he acted inappropriately toward them.

O'Brien initially rejected

the claims, saying he was resigning because he did not want to distract from the upcoming conclave of cardinals that is due to pick a successor to Benedict XVI, who resigned the papacy Thursday.

On Sunday, the Catholic church in Scotland issued a statement quoting O'Brien as saying that there had been times "that my sexual conduct has fallen below the standards expected of me as a priest, archbishop and cardinal."

"To those I have offended, I apologize and ask forgiveness," the statement continued. "To the Catholic church and people of Scotland, I also apologize. I will now spend the rest of my



Cardinal Keith Patrick O'Brien

THE ASSOCIATED PRESS

life in retirement. I will play no further part in the public life of the Catholic church in Scotland." THE ASSOCIATED PRESS

# Group acts as a suicide support team

**Right-to-die activists.**  
B.C. foundation says its members want to be able to assist with 'self-chosen deaths'

first for him as director of the Farewell Foundation for the Right to Die, a group that will be in court Monday when the federal government appeals Smith's ruling.

The foundation, which believes its members should be able to receive assistance to end their lives and provide assistance to other members who want to do the same, even for non-medical reasons, has published a five-page protocol for attending self-chosen deaths. "The principal reason for attending is because members do not wish to die alone and they also wish to ensure that their death is reported appropriately to the coroner and the police," said Ogden.

"This ensures that there is no traumatic discovery by somebody who is not expecting to walk into a room and find somebody who is deceased."

The foundation's protocol says members choosing their own deaths who want a support team present must make the request in writing.

THE CANADIAN PRESS

### Deep loss

**"There is no pleasure in being with somebody when they end their lives. It is a changing moment and it is a time of deep loss."**

Russel Ogden, on how tough it is to be part of a 'self-chosen death' support team.

### Loss of pressure

**Big Easy water possibly tainted**

Taps in New Orleans briefly went dry Sunday after a boiler's heating flame went out of control in the plant supplying electricity for the city's water treatment.

Marcia St. Martin, executive director of the city's Sewerage and Water Board, said the outage lasted less than 20 minutes Sunday morning. She said the loss of pressure opened the way for possible contamination, and water samples are being taken citywide.

THE ASSOCIATED PRESS

### Constitutional issue

**Government to appeal ruling**

The federal government appears in the B.C. Court of Appeal this week to challenge the June 15, 2012, ruling by B.C. Supreme Court Justice Lynn Smith, who found the Criminal Code's provisions on doctor-assisted suicide were unconstitutional.

Specifically, Smith ruled the Criminal Code infringed on a plaintiffs' charter rights to life, liberty and security of person, but gave Parliament one year to draft new legislation.

Eight groups, including Ogden's which now represents about 280 members, have been granted intervenor status in the appeal, which will be webcast between Monday and Friday.

Protests outside the courthouse have also been announced by several of the groups.

The foundation's protocol says members choosing their own deaths who want a support team present must make the request in writing. THE CANADIAN PRESS

## Kenya. Police warn of election day attacks by Somali militants

Five years after more than 1,000 people were killed in election-related violence, Kenyans on Monday will begin casting votes in a nationwide election seen as the country's most important in its 50-year history.

Clerics across Kenya gave sermons dedicated to peace on Sunday, and urged the country to prove wrong the "prophets of doom" who predict violence.

A barrier to a peaceful vote is that the country faces so many potential triggers of

violence. The police issued an alert late Sunday that criminals were planning to dress in police uniforms and disrupt voting in some locations.

In addition, intelligence on the Somali-Kenya border indicated Somali militants planned to launch attacks on the polls; a secessionist group on the coast is threatening attacks; and the tribes of the top two presidential candidates have a long history of tense relations.

THE ASSOCIATED PRESS

# Keep your pets past the expiry date

## Freeze-dried Fido.

Taxidermist makes sure animal lovers never have to say goodbye

Growing up on the family farm, Anthony Eddy learned early on not to get too attached to animals, including household pets.

His devoted customers are a different story. Pet lovers across the U.S. count on the Missouri taxidermist to faithfully preserve Brutus, Fluffy and other beloved companions for posterity. Even if it means shelling out thousands of dollars and waiting more than a year for the pet's return.

"They're very distraught, because their child has died. For most people, this animal is their life," said Lessie "Les" Thurman Calvert, Eddy's office manager. "Some are kind of eccentric. But most of them are just like you and me. They

### Quoted

**"You just have a knack for it. It's like an artist painting a picture."**

Taxidermist Anthony Eddy, on posing freeze-dried pets so they appear lifelike.

don't want to bury or cremate them. They can't stand the thought ... It helps them feel better about the loss."

The front showroom of Eddy's Wildlife Studio in downtown Slater, Mo., is a testament to pet owners' perseverance. Lifelike spaniels and cats of all sizes are scattered along the floor, from a perky-looking Brittany spaniel to a regal Persian cat, a lone iguana and the stray cockatiel or two. Departed pets of all persuasions spend up to one year in hulking, freeze-dry metal drums before they are painstakingly preserved and returned to their owners.

THE ASSOCIATED PRESS



Anthony Eddy looks into a conventional freezer while a dog is preserved inside a freeze dryer in Slater, Mo. Animal lovers from across the U.S. call on Eddy to preserve their beloved departed pets for posterity through a freeze-drying process that can take up to a year. JEFF ROBERTSON/THE ASSOCIATED PRESS

### Online security

## Evernote resets 50M passwords after hacking

Online note-taking service Evernote Corp. says it has been hacked and is resetting all its 50 million users' passwords as a precaution. The Redwood City, Calif.-based company said in a post published late Saturday that an attacker had been able to access sensitive customer information and that every user would have their account reset "in an abundance of caution."

THE ASSOCIATED PRESS

### Tribal dispute

## Libyan natural gas exports to Italy halted after clashes

Transport of natural gas from Libya to Italy through a major pipeline in the country's west was halted Sunday after clashes between tribesmen and forces guarding the natural gas complex, a security official said.

The unrest was the latest of ongoing tribal clashes that are hampering efforts to bring Libya under control of the central government.

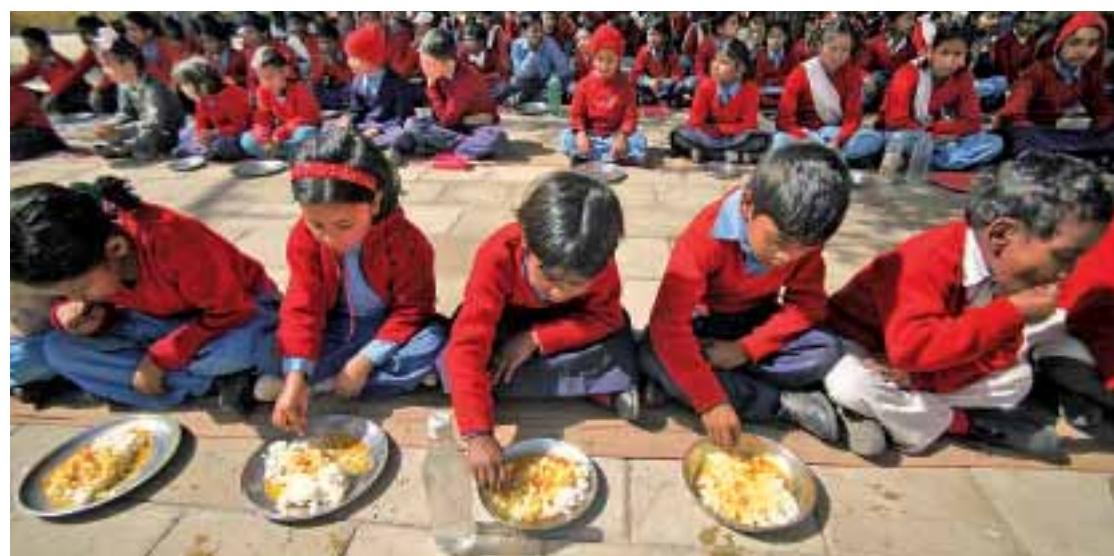
THE CANADIAN PRESS

### Market watch

## Dollar may be in for a bumpy week

The Canadian dollar could be under further pressure this week as traders look to see what the Bank of Canada signals about interest rate hikes and how job creation held up during February. Currency and stock markets will also be looking to see how an automated series of steep U.S. government spending cuts is being implemented and what progress Italy is making in forming a new government.

THE CANADIAN PRESS



## India's budgetary priorities include more free lunch

Indian children eat a free midday meal at a government school on the outskirts of Jammu, India, on Thursday. Finance Minister Palaniappan Chidambaram has unveiled a national budget with a promise to put Asia's third largest economy back on a path to high growth while trimming the fiscal deficit. However, with the country headed for general elections in 2014, government spending on costly social programs is also projected to go up substantially. The budget has assigned almost \$2 billion for an ambitious food security program, which will provide subsidized food to the poor.

CHANNI ANAND/THE ASSOCIATED PRESS

## Vegas. Casino operator says it likely flouted bribery law

Las Vegas Sands Corp. says in a regulatory filing that it probably violated a federal law that prohibits bribing foreign officials. The casino company said in a filing Friday that the Securities and Exchange Commission asked two years ago for records relating to compliance with the Foreign Corrupt Practices Act.

Las Vegas Sands, which is controlled by billionaire Sheldon Adelson, said that after it got the SEC subpoena on Feb. 9, 2011, the audit committee of the board of directors opened an investigation.

In its annual report, filed Friday with the SEC, the company said that the audit committee

reached certain preliminary findings, including that there were likely violations of the books and records and internal controls provisions" of the anti-bribery law.

Las Vegas Sands said that based on information from the audit committee and its lawyers, it expects that the findings will not have a material financial impact or force restatement of past financial results.

The Wall Street Journal, citing an anonymous source, reported Saturday that the findings were related to business deals in mainland China led by executives no longer with the company.

THE ASSOCIATED PRESS

## Executive pay. Swiss fight back against 'fat cat' bosses

### Shareholder rights

- Swiss lawmakers will now have to draft a law giving shareholders the right to hold a binding vote on all compensation for company executives and directors.

about \$78 million further fired up public sentiment against "fat cat" bosses. Vasella later said he would forego the deal, but by that time the incident had dashed opponents' hopes of stopping the initiative.

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# LONDONER CATCHES HIS BIG BREAK

Chris Robinson is no stranger to international baseball competition.

The 28-year-old London native has been representing Canada at baseball events around the globe as far back as 2002, when he was a member of the junior national team. Since then, he's played in a pair of World Cups, the inaugural World Baseball Classic (WBC), the Olympics, and Pan Am Games.

But this Friday, Robinson will reach a new personal high when he takes the field as Team Canada's starting catcher at the 2013 World Baseball Classic in Phoenix. And he's ready to make the country proud.

"It's always an honour to be selected to represent the maple leaf, especially on a stage like this," Robinson said. "And I think this team is special because guys are willing to do whatever is asked of them. I'll be ready to do anything the team needs me to do."

Originally, the team needed him to serve as a backup



URBAN COMPASS

**Todd Devlin**

london@metronews.ca

catcher. But when major leaguer Russell Martin pulled out of the tournament last week, Robinson became the main man behind the plate. Now, the Londoner is expected to catch two — and possibly all three — of Team Canada's round robin games this weekend against Italy, Mexico and the United States.

Robinson says he likes the team's chances. Canada will feature a lineup that includes major league stars Joey Votto, Justin Morneau and Brett Lawrie, and a bullpen that will be anchored by John Axford.

"I think we have a nice mix of big-leaguers and senior team veterans who are used to playing on the international stage," said Robinson, who spends his off seasons as an instructor at Centrefield Sports in London. "I think we have a great chance to advance deep into the tournament."

Greg Hamilton, Baseball Canada's director of national teams, says Robinson is a valuable member of Team Canada

and he's confident in the catcher's abilities.

"He's a guy that really loves to compete," Hamilton said. "He's an intelligent player and a leader behind the plate. He's been absolutely critical to our success over the years."

Besides helping Team Canada advance deep into the tournament, Robinson is also hoping a good performance at the World Baseball Classic will positively affect his standing with his professional employer — the Baltimore Orioles.

A veteran of eight pro seasons in the minor leagues, the former London Badger is still waiting for his shot to play in the big leagues. He has come close more than a few times, and he's spent the last four years at Triple-A, the highest level beneath the major leagues. But he continues to wait for that opportunity.

"It's such a crazy game in terms of timing and being in the right place at the right time," he said. "But the thought of playing in the big leagues and finally getting to the highest level is what keeps me going. And I say the longer I wait, the sweeter it's going to be."

Follow Todd Devlin on Twitter @UrbanCompassLdn



## ZOOM

### Radiate from the inside out



VICTOR FERREIRA/THE CANADIAN PRESS

#### Artist uses canvas as his muse

Matti McLean once hated his body so much that he stopped eating in his last year of high school.

Now he's advertising the beauty of the human form by transforming it into a work of art.

Through the Human Canvas Project, established last year, McLean uses his paint brushes to capture both his subjects' figures and personalities.

Using music, discussion and individual colour choices, McLean tries to tap into each person's individual character and use the body as the canvas it's painted on.

He has created 145 canvases since beginning, he said, adding his work is reaching an audience ranging from Australia to Peru.

THE CANADIAN PRESS

#### Colour at end of the tunnel

**"A lot of gay men struggle with eating disorders. I didn't like who I was and took it out on my body."**

**Matti McLean**  
Founder, Human Canvas Project  
He explained he overcame his self-esteem issues and began the Human Canvas Project as a way to document his close friends and the way that he saw them on the inside.

### Crocheting for Africa. Plastic milk bags weaved into school supplies

#### News worth sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Fay Rath, with a lifelong passion for crocheting, thought she knew everything about the art until she heard about a group of ladies crocheting mats using plastic milk bags.

The mats were being used as sleeping mats at homeless shelters in the Grand Bend area. Inspired, Rath immediately obtained the pattern and began making her own.

But crocheting by hand was too slow. So she got creative and built a loom, which her husband constructed using old kitchen cupboards. Rath now collaborates with the Grand Bend Rotary Club to ship her sleeping mats to Durban, South Africa. There, the mats are donated to primary schools in rural areas that lack proper classroom furniture.

"The little kids in pri-

mary (schools) sit on the sleep mats during their rest or nap time. It warms your heart," says Rath.

For the past five years, the Rotary Club has been shipping school supplies and furniture to South Africa's rural areas.

But shipping funds are slowly running out, and Rath has been working tirelessly to fundraise and spread the word about this effort.

To learn how to weave mats out of milk bags, visit Rath's Facebook page: The News That Matters.

To help Rath and the Grand Bend Rotary Club provide impoverished students with classroom essentials, visit canadahelps.org. CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of international charity and educational partner, Free The Children.

Its youth empowerment event, We Day, was in eight cities across Canada this year, inspiring more than 100,000 attendees. Email them for more information and to get involved. Help the good news get around. Send your stories to goodnews@metrone.ca and we'll share them right here.

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Kim Nguyen celebrates winning the best original screenplay for *Rebelle* at the Canadian Screen Awards in Toronto on Sunday. CHRIS YOUNG/THE CANADIAN PRESS

# Canadian Screen Awards

**Golden Globes North.** Combined Genies and Geminis award show recognizes *Rebelle* in a big way

The Oscar-nominated child soldier saga *Rebelle* and the gender-bending drama *Laurence Anyways* were among the early winners Sunday at the inaugural Canadian Screen Awards.

*Rebelle*, also known as *War Witch*, picked up trophies for best screenplay, editing, cinematography, sound editing, overall sound and art direction/production design at an

early ceremony before the televised gala hosted by Martin Short on CBC-TV.

The Canadian Screen Awards celebrate excellence in film and TV — combining the Genies and the Geminis.

"Wow, my first one, thank you," said *Rebelle* writer-director Kim Nguyen while accepting the prize for best screenplay.

While walking the red carpet before the bash, the Montreal writer-director said he was happy to shine the spotlight on his film crew, noting it was "a team effort."

"What's great about the Canadian Awards and the Jutras is that my staff, my crew, is getting that recognition that's completely deserved,"

said Nguyen, who walked the red carpet with the film's teenage star, Rachel Mwanza, a former street kid from Congo.

Xavier Dolan's gender-bending feature *Laurence Anyways* collected prizes for best make-up and costume design.

But it appeared that Nguyen's searing feature was poised to dominate the night after competing earlier this month at the Academy Awards, where it lost to *Australia's Amour*.

*Rebelle* was up for 12 trophies overall, including best film and best director.

Sarah Polley, Jay Baruchel, Adam Beach and Allan Hawco were among the mix of Canadian film and television talent gathered together Sunday.

The best comedy trophy went to *The Movie Network's Less Than Kind*, besting *Good God, Kenny Hotz*, *Triumph of the Will*, *Michael: Tuesdays & Thursdays* and *Mr. D*.

"The series started with the unfortunate passing of Maury Chaykin, not a great place to start a comedy," said showrunner Mark McKinney, going on to complain that the prestige category was not part of the later televised bash.

THE CANADIAN PRESS

## Online

For more on the awards, visit [metronews.ca](http://metronews.ca)



## Other big winners

**Best TV drama:** *Flashpoint*

**Best international TV drama:** *The Borgias*

**Best TV comedy actor:** *Gerry Dee, Mr. D*

**Best TV comedy actress:** *Wendell Meldrum, Less Than Kind*

**Best TV drama actor:** *Enrico Colantoni, Flashpoint*

**Best TV drama actress:** *Meg Tilly, Bomb Girls*

## Celebration. Madonna to present Anderson Cooper with GLAAD award

Gay advocacy group GLAAD says Madonna will present CNN's Anderson Cooper with an award for openly gay media professionals.

GLAAD said the singer has been chosen to give Cooper the Vito Russo Award at the 24th annual GLAAD Media Awards in New York City on March 16.

THE ASSOCIATED PRESS



## Box office

### Jack 'slays' the competition

It wasn't exactly a mighty victory, but Jack the Giant Slayer won the weekend at the box office. The Warner Bros. 3D action extravaganza, based on the Jack and the Beanstalk legend, made just \$28 million to debut at No. 1, according to Sunday studio estimates. It had a reported budget of about \$200 million.

THE ASSOCIATED PRESS

## Downton Abbey. Fourth season has some cast comings and goings

Shirley MacLaine will be returning to *Downton Abbey* next season, and opera star Kiri Te Kanawa is joining the cast.

MacLaine will reprise her role as Martha Levinson, Lord Robert Crawley's freewheeling American mother-in-law. Carnival Films and Masterpiece on PBS said Saturday. MacLaine appeared in episodes early

last season. New Zealand-born soprano Te Kanawa will play a house guest. Another new character is Tom Cullen as Lord Gillingham, described as an old family friend of the Crawleys who visits the family as a guest for a house party (and who might be the one to mend Lady Mary Crawley's broken heart).

THE ASSOCIATED PRESS



Rihanna says her and Chris Brown have matured big time in the last four years.

## This love is fresh: RiRi

Rihanna claims that things are working better now with on-again off-again boyfriend Chris Brown because they've grown up a lot in the four years since his arrest for assaulting her. The singer insists to Elle UK that they

have "a great friendship that's unbreakable. Now that we're adults, we can do this right. We got a fresh start and I'm thankful for that," she says. Rihanna even predicts that she will "probably have a kid" within the next five years.

### The Word

## Is Kanye a playdate hater?



STARGAZING  
Malene Arpe  
scene@metronews.ca

**Mark Wahlberg** says he was offered a role in the last Star Trek movie but turned down J.J. Abrams because he "couldn't understand the words or dialogue or anything." Coincidentally the very same reason he stopped modelling underwear for Calvin Klein.

**Kanye West** rants about Jay-Z and Justin Timberlake's Grammy performance and their new song, Suit and Tie. Jay-Z now regrets not lending Kanye his new toy train before going on the play date with Justin.

**Suri Cruise** may have a body double. The Brangelina kids are all sulking in their rooms.

**"Friend Zone"** is added to the Oxford Dictionary. "That's so dumb," says some really nice guy. "But I don't have time to deal with it now. I'm late picking up Tiffany's dry cleaning."

**Michelle Obama's Oscar**



### dress gets photoshopped sleeves and a much higher neckline for Iranian TV.

"Could you send over some information on how you did that," asks Lindsay Lohan's manager.

### Justin Bieber now has more Twitter followers than there are people in Canada.

There's only one force on Earth strong enough to fight back! It's time to remobilize the Kiss Army.

### Octomom says she has a medical marijuana prescription.

She suffers from

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Notice to appear? You can find her in the club

Lindsay Lohan appears to be living it up as much as she can in advance of her March 18 trial — and even skipped out on the latest court appearance related to her case to stay in New York and go clubbing instead, according to Us Weekly. Maybe she knows it doesn't look too good for her this time around when it comes to avoiding jail time, especially considering the drubbing her new lawyer, Mark Heller, has been getting from Judge James Dabney. After dismissing Heller's motions to have the case put on a "slow track," Dabney cautioned that Heller would need someone by his side versed in California law or "Miss Lohan is going to have to



Clubbing apparently trumps court for Lindsay Lohan.

come in here and waive her right to have competent attorneys versed in California law and procedure."



Bieber says his 19th birthday was a bummer. ALL PHOTOS GETTY IMAGES

## Birthday was the worst day, but they sipped \$12K in booze when they were thirsty

Justin Bieber's celebrations for his 19th birthday didn't go so swell Friday, leading the star to tweet a simple, "worst birthday." And while his fans leapt to the conclusion that the paparazzi were responsible, it reportedly had more to do with the security at London's Cirque du Soir nightclub, who wouldn't let some of his entourage in because they couldn't prove they

were over 18, according to E! News. Bieber still managed to have some fun — dropping a reported \$12,000 on bottle service for his pals — but the incident with security put an early stop to the festivities. "I think Justin and his friends had a good time," a source says. "(But) he was, of course, not amused that some of his close friends were refused entrance."



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**Baby wipes****Not just for bums**

Baby wipes are excellent for baby bums, of course. We all know that.

But they are not just for babies anymore. I have found baby wipes to be the perfect eye makeup remover. I ditched my



expensive liquid eye makeup remover years ago in favour of the gentle-on-my-skin baby product.

The multi-purpose wipes have a permanent spot in our bathroom for bums, eyes, spills and countertops. I even use them to remove pesky deodorant stains from my clothing.

JENNIFER WALKER OF YUMMYMUMMYCLUB.CA

**A cheap solution****Fix for the reluctant biker**

My little girl just couldn't get the hang of a two-wheeler bicycle — no matter what.

Instead of paying for an expensive glider, we took the pedals and the chain off of her regular bike.

She then learned how to push and glide to get her balance. It worked perfectly to give her the confidence she needed.

Every child should learn this way!

Once she got her balance and we put the chain and pedals back on, she was off, literally, the first time with no help.

MEGAN ANDREWS OF YUMMYMUMMYCLUB.CA

**Exclusively online**

After months of anticipation, you're taking your very first wobbly steps. If only John Stamos were here to score the moment with an original ballad. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



# Keep your toddler smiling

**Indoor activities.**

Is your child stuck indoors all day? Here are fun ways to keep the little one entertained

CAROLINE FERNANDEZ  
YummyMummyClub.ca

Snow days, rainy days, days I just have to do laundry — we've had a lot of inside time lately. I have been getting creative with my two-year-old and finding lots of fun inside ideas. Here are my top nine.

**Wooden spoon + pots = musical madness!**

Doing the dishes and toddler driving you crazy? Give him a pot and a wooden spoon. Bang, clash, boom. So simple, yet so entertaining. Mix it up with plastic bowls, stainless steel pots, wooden and metal spoons (the bigger the better). He's learning about beats and music while getting his banging on.

**Cardboard box + crayons = artful activity!**

I get tons of cardboard box deliveries. A few crayons (washable, of course!) plus his creativity and it makes for the perfect

art experience. Lines, squiggles, circles. He's learning about art without even knowing it.

**Empty milk jug + soft ball = toddler bowling!**

We go through four litres of milk a day (yes, really!), so before I take those milk jugs back for deposit, we re-purpose them into a bit of play. Line them up against a wall, stand back and gently roll (this takes practice) the ball to knock over the jugs. It's a fun physical activity — there is crouching, bending, picking up and running back to knock them down again.

**Cars + hands = CRASH!**

There is something about crashing things that entertains my toddler to no end. Cars, pillows, teddy bears, two of anything can crash really. It is repetitive and verbal (he sings "crash, crash") and apparently tons of fun.

**Fingers + songs = finger songs**

Folding laundry and toddler wants your attention? Start singing Head and Shoulders or Wheels on the Bus or The Hokey Pokey. You can do the movements as you fold (whizzing socks around while singing Wheels on the Bus is just organic) and he'll follow along. That's multi-tasking.

**Kitchen sink + water = home-made water table.**

This was my Tuesday. I pulled a chair up to the sink. I filled it with water and dish soap and put in wooden spoons, plastic measuring cups and some clean plastic yogurt containers. My son instinctively climbed up and went to town splashing and pouring. Yes, the floor got wet. Yes, he got wet too. But the clean up was easy, with a simple swipe of the towel and a quick change of clothes. It was play time well spent.

**Swim + bodies = land swimming.**

Sounds weird, right? This was part of a game we played at play group where there were "octopus" who had to catch "fish" swimming by. Dear son loved it so much we often land swim around the house. Chanting, "swim, swim swim," we walk around the living room and move our hands like we're swimming. Hurry, a shark!

**Hide + seek = where did it go?**

Showing an object and then hiding it under my shirt (or his) is a daily event. "Where'd it go?" we ask each other. I call it training for finding running shoes in his school years.

**Books + lap = reading time**

Before every nap and bedtime,



**Give her pots and pans to bang on while you wash dishes.** iSTOCK

we read stories. I change up the ones on the toddler reading table (more for my entertainment than his). Currently we are reading Blue Hat, Green Hat

by Sandra Boynton and Toupee a pear by Dominique Jolin.

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**Shopping with kids can be an adventure.** iSTOCK

## No judgement near the frozen waffles

It's 3:30 p.m. Kids, hungry after school, lean against the shopping carts their mothers push down crowded aisles. I watch a middle-aged guy jump the check-out line.

He sees me see him and does a defensive "who me?" shrug. Hurried myself, I bite my tongue, check my list and press on. There is a tall blonde bearing down on me. I do a half pirouette to let her by and hear a little voice, upturned, just finishing a question on the

woman's far side. As they pass me I hear her brisk reply: "We are not here for fun. We are here for things to eat."

I pause carefully on the threshold of judgment. I have always tried to avoid shopping-as-chore. We used to make food shopping an adventure, now it is a creative exercise in lunch kit supply choices.

The truth is that shopping is a chore, especially at this hour, especially when your legs are little and everyone's patience is

thin. I realize what I am feeling is an empathy wince.

Being a parent is filled with daily obstacle courses, small and large. The afternoon melt-down hours between 3:30 and 6:30 p.m. are a particularly trying sprint. A homework hatchet hangs heavy and urgent over our household tonight, so I keep moving, wedge the freezer door open with my hip, grocery basket biting into my forearm, bottle returns clanking on my other flank. I try to

smile at the kids hauling backpacks past me, and nod as we navigate the space so the parents know there is no pressure from me, even if they are in the middle of a teary negotiation in the frozen waffle section.

Judgment is a withering thing under which family life does not thrive. We must allow room for each other. The guy who jumped the line though? He needs remedial kindergarten. CATHERINE JACKSON OF YUMMYMUMMYCLUB.CA

# A taste of Greece in a burger

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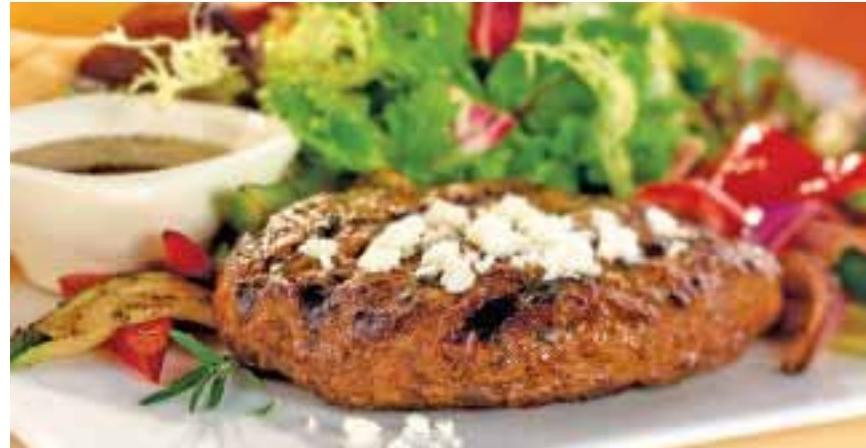
Add some mushrooms, feta cheese and oregano and you have a whole new burger.

Try substituting ground chicken, turkey or veal. Forget the bun — I love to serve these over a bed of couscous.

But if you're serving them

## Ingredients

- 1 cup chopped mushrooms
- 1/2 cup chopped onion
- 1/3 cup light feta cheese, crumbled
- 1 lb extra-lean ground beef or lamb
- 1/4 cup finely chopped fresh chives
- 3 tbsp chopped fresh oregano
- 2 tbsp barbecue sauce
- 3 tbsp dry seasoned bread crumbs
- 2 tsp minced fresh garlic
- 1 egg
- 3 tbsp chopped oregano



This recipe serves five. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

on a bun, be sure to include lettuce, tomatoes and onions for an extra serving of veggies.

1. Spray a non-stick skillet with cooking oil; add the mushrooms and onions and cook over medium-high heat for 4 minutes or until softened and browned. Remove from the heat. Stir in the feta.

2. Combine the beef, chives, oregano, barbecue sauce, bread crumbs, garlic and egg in a bowl. Stir in the onion mixture. Mix thoroughly. Form into 5 patties.  
3. Spray a non-stick grill pan or barbecue grill with cooking oil and heat to medium-high. Grill the patties for 3 to 5 minutes per side or until no longer pink in the centre. (Alternatively, place on a baking sheet in the centre of a preheated 450 F oven for 10 to 15 minutes or until cooked through, turning once.) Garnish with oregano and crumbled feta cheese, if desired. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

## Lunch. Mexican Salad



Give this nutritious, colourful salad for one some crunch with baked tortilla wedges.

1. Heat oven to 200 C (400 F). Cut tortilla into wedges and place on foil-lined baking sheet.

## Ingredients

- 1 whole-wheat tortilla (15 cm/6 inches), toasted and cut into wedges
- 2 handfuls of baby spinach (500 ml/2 cups)
- 50 ml (1/4 cup) canned or frozen, (defrosted and drained) corn kernels
- 1/4 ripe avocado, sliced
- 1/2 red bell pepper, sliced in thin strips
- 1 small plum (Roma) tomato, cut into wedges
- 1 green onion thinly sliced
- 75 ml (1/3 cup) grated part-skim mozzarella cheese
- 2 hard-cooked eggs, sliced
- 50 ml (1/4 cup) black beans, drained
- 30 ml (2 tbsp) low-fat ranch dressing (or dressing of your choice)

Bake for 5 to 6 minutes or until browned.

2. In a salad bowl, combine all remaining ingredients. Drizzle with dressing. MANITOBA EGG FARMERS, EGGS.MB.CA



This recipe serves four. MARK SHAPIRO, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

## Healthy eating

### Choose it and lose it



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Pizza is everyone's favourite takeout, but with stuffed crusts and fatty toppings, just a few slices will cost you in fat and calories.



### Pizza Hut Italian Classic (2 medium slices with stuffed crust)

860 calories / 36 g fat  
Two slices, barely a meal, give you half your daily calories and fat.



### Equivalent

Two medium slices of Pizza Hut Italian Classic pizza with stuffed crust is equal in fat to an entire Piller's kolbassa sausage.



### Pizza Hut Triple Crown (2 medium slices with thin crust)

440 calories / 16 g fat  
Just choosing one meat and choosing a thinner crust saves half the fat and calories.

## Four-Tomato Salad – an array of textures and flavours

ROSE REISMAN  
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The contrasting colours and textures of the tomatoes in this salad are what make it so sensational.

If you can find grape tomatoes, they are even sweeter than cherry tomatoes and have a great texture.

Don't forget that tomatoes contain lycopene, an antioxidant that helps in the fight against prostate cancer and heart disease.

1. Place the tomatoes, onion and fresh basil in a serving

## Nutritional analysis

### Per serving.

- 135 calories; 3 g protein; 4 g fat; 0.8 g saturated fat; 18 g carbohydrates; 0 mg cholesterol; 130 mg sodium; 5.2 g fibre

bowl or on a platter.

2. Whisk the vinegar, oil, garlic, sugar and pepper together. Pour over the salad. Serve immediately. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

## Ingredients

- 1/2 cup sun-dried tomatoes, rehydrated
- 2 cups sliced field tomatoes
- 2 cups halved red or yellow cherry tomatoes
- 2 cups quartered plum tomatoes
- 1/2 tsp granulated sugar
- pinch freshly ground black pepper
- 1/2 cup chopped fresh basil or 2 tsp dried basil
- 3 tbsp balsamic vinegar
- 2 tbsp olive oil
- 1 1/2 tsp minced fresh garlic

# How to mess up the very first meeting

## Don't, just don't.

On avoiding the opportunity ambush

YLVA  
VAN BUUREN  
[careerbear.com](http://careerbear.com)

The job interview is one of the most important parts of the job-search process, and one that you have far more control over than you think, says Stefan Danis, CEO of Mandrake. Here are common interview mistakes and his advice on how to avoid them — and get the job of your dreams.

### Come unprepared

The job description is usually filled with information about what type of employee the company is looking for, so spend time positioning how your experience and competencies match up. "The bad (move) is you come in and talk about yourself but in no way relate your narrative to what the company is looking for," says Danis. Questions during the interview will invariably



Fight the desire to fib about your employment history. iSTOCK

relate to the job description. Consider rehearsing your answers in front of a mirror so you give the answer in the best possible way. "You must remain authentic in your response as opposed to rehearsed, however," he says.

### Don't ask questions

You can extract a tremendous amount of information as an interviewee, says Danis. Right

off the top, ask how the interview will be structured — so you know how much time you have and how you should tailor the length and detail of answers. Then, "in a perfect world you would finish every single answer with a query that would reflect back to the interviewer. For example, how is this competency valued within your organization?" Before you leave, ask

## And then I learned to ski...

**"Some people think life outside of work is not relevant to work ... but I would say quite the opposite."**

Stefan Danis  
CEO of Mandrake

for feedback. "Most interviewers will share with you what they thought right away if you ask them, but most people leave without asking the question." Ask.

### Forget common courtesies

Don't be late. It's disrespectful and reflects on your personality and, possibly, work ethic. Also, turn off your cellphone. Surprisingly, almost 20 per cent of interviewees don't, says Danis. If you forget to turn off your cell and the phone rings, apologize and quickly turn it off pronto. If you are experiencing some sort of crisis that requires you to be connected warn the inter-

viewer ahead of time that you might get an urgent call. But the situation must be critical!

### Make the interview all about work

The resumé got you the interview, says Danis, and odds are the fit will get you the job. Employers unearth fit by understanding how you go about your business and who you are. Include references to your personal life on your resumé and during the interview. "Some people think life outside of work is not relevant to work ... but I would say quite the opposite, that life outside of work is in fact what gets you the job." Also, the biggest mistake in terms of high performance interviewing is

to not create an interactive experience, says Danis. Don't just answer questions and match what the interviewer is asking. Engage in a real back and forth conversation.

### Dress inappropriately

Most companies have a dress code and there's nothing wrong with calling ahead and asking what it is. "It's foolish to not look what I call 'one level up'... if you look one level down, you're underdressed relative to the interviewer and you've made a big mistake. If you're dressed like they are, great. If you're dressed one level up, nothing bad happens," Danis says.

### Lie through your teeth

Research shows that many people lie about things such as their education, work history and credentials. In fact, education verification is one of the fastest growing segments of hiring, says Danis. "Don't lie about anything. We live in the digital age and you'll be found out — dismissed from a process."

## The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start. Visit [careerbear.com](http://careerbear.com)



## The In-Credibility Factor

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### TURNING POINT

Teresa Kruze  
[life@metronews.ca](mailto:life@metronews.ca)

**Name:** James Temple  
**City:** Toronto  
**Age:** 29  
**Occupation:**  
Corporate responsibility director at PricewaterhouseCoopers LLP

James Temple worked as a professional musician, sold doughnuts and hauled manure for a greenhouse. Deciding he needed a fresh start, Temple went back to school to study geographic analysis. He is now a corporate responsibility director, encouraging thousands of employees to give back and make a difference in their communities. Temple encourages employees to be a catalyst for change and to always watch the "triple bottom line" of planet, people and profit.

I knew I was on my way when...

I was on stage delivering a



James Temple was named one of North America's top corporate responsibility practitioners by the Centre for Sustainability and Excellence. PROVIDED

TED talk (a non-profit organization devoted to ideas worth spreading) about how to embrace your inner "advocate" and to help fuel a career with purpose. I was finally able to articulate how everyone's professional contributions could help address society's challenges, and how businesses could integrate social purpose, environmental sustainability, and economic integrity into their operations.

Since then I've been interviewed by Forbes.com and have presented at conferences around the world.

### Action Plan

• Never compromise your values and learn alongside others by asking the right questions. Remember that good listeners earn people's respect.

• Be curious and bold because you grow most when you're uncomfortable. Harness the feeling and let it energize you.

• If you think you've got your career planned out then go in the opposite direction. Remember that young rivers meander, while old streams end up going in one direction and dry up altogether.

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# Kane raises game to hand Hawks win

**NHL.** Chicago's record season-opening points streak now 22 games

Patrick Kane had a couple of shots that simply could not be stopped.

Just like the Chicago Blackhawks.

Chicago extended its NHL-record season-opening points streak to 22 games on Sunday when Kane scored the tying goal on a power play with 2:02 left in regulation and the Blackhawks earned an extra point when the star forward scored the only goal in a shootout of a 2-1 win over the Detroit Red Wings.

"Just amazing what's going on," Kane said.

Corey Crawford was perfect in the shootout and finished with 32 saves to help Chicago win a ninth straight game.

"He had several big saves, particularly right after they scored to go up one," Blackhawks coach Joel Quenneville said. "He kept us in there to make it a one-goal game and gave us a chance."

The Blackhawks have earned at least a point in 28 straight games — dating to a March 25, 2012, loss in regulation to Nashville — to tie the second-longest streak



Chicago Blackhawks forward Viktor Stalber, left, celebrates a goal scored by teammate Patrick Kane, bottom right, against Detroit Red Wings goalie Jimmy Howard and defenceman Brian Lashoff on Sunday in Detroit.

DIANE BURLESON/THE ASSOCIATED PRESS

in league history. They have matched Montreal's multi-season points run from the 1977-78 season and trail only Philadelphia's streak of 35 straight games with at least a point during the 1979-80 season.

It looked like Chicago's sensational streak of success might end when Detroit's

Tomas Tatar broke a scoreless tie early in the third period and goaltender Jimmy Howard stopped every puck that came his way.

Kane and Crawford had other ideas.

"We keep finding a way to keep ourselves in the game or win it at the end," Kane said.

The Red Wings hurt their chances by getting called for delay of game twice toward the end of regulation for putting the puck out of play.

Chicago took advantage of the first of two late power plays with forward Viktor Stalberg getting more of the

puck than Detroit defenceman Kyle Quincey did, pushing it to Kane to set up a one-timer that made it 1-1.

Kane scored from the bottom of the right circle and pivoted toward the crowd, shouting with joy as he pumped his gloves toward the banner-filled rafters.

Kane then stole the show in the shootout, slowly skating toward Howard and lifting his right skate off the ice twice before flipping a wrist shot past him to make the fans at Joe Louis Arena sigh.

"He's got great skill," Howard said. THE ASSOCIATED PRESS

## NFL

### Female kicker tries out for Jets

Lauren Silberman's NFL tryout lasted all of two kicks, neither of which travelled 20 yards.

Silberman, 28, became the first woman to compete at an NFL regional scouting combine on Sunday, but left the New York Jets' practice field after re-injuring her quadriceps. She tried two kickoffs, the first going 19 yards and the second about 13 yards, and then asked to see a trainer.



Lauren Silberman  
THE ASSOCIATED PRESS

The former collegiate soccer player was examined off to the side of the practice field. About 30 minutes later, while 36 other kickers continued their workouts, she called the scene "surreal" and thanked the NFL for "this tremendous opportunity."

THE ASSOCIATED PRESS

## NHL

### Isles edge Sens

John Tavares and Frans Nielsen scored in the shootout, lifting the New York Islanders to a 3-2 victory over the slumping Ottawa Senators on Sunday.

Evgeni Nabokov made 29 saves as the Islanders earned their third win in 12 home games this season. He also stopped Jakob Silfverberg and Daniel Alfredsson in the shootout.

The Senators have lost three in a row.

THE ASSOCIATED PRESS

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COMEDY RADIO

# Regular season loyalty takes back seat to national pride during WBC

**Baseball.** Canadian Brett Lawrie insists competitive nature of players will trump friendships

The Blue Jays heading to the World Baseball Classic this week said there has been no trash-talking or gamesmanship inside the team's clubhouse.

But as soon as the teammates-turned-rivals are in opposite dugouts you can expect the friendliness to fade.

"When it's time to go between the lines everything picks up," said third baseman Brett Lawrie, of Langley, B.C. "We're athletes, we're competitors and that will definitely be showing at the World Baseball Classic this year."

Nine Jays left Dunedin on Sunday, heading west to Phoenix or south to Puerto



Blue Jays Brett Lawrie, front left, and J.P. Arencibia will sit in opposite dugouts when Canada takes on the U.S. during the World Baseball Classic. GETTY IMAGES FILE

Rico to prepare to play games that mean something for the first time this year.

Lawrie's teammate on Canada, Adam Loewen, a native of Surrey B.C., who was

signed by the Blue Jays this off-season and is expected to play in the outfield for Triple-A Buffalo, said he always looks forward to wearing his country's colours.

"Canada is a very patriotic country. You can see it every year with hockey and that's Canada's game and I think baseball is right behind there," he said. "Fans back

home want to see us make them proud, so we're not only playing for the guys on our team but our whole country."

TORSTAR NEWS SERVICE

NHL

**Malkin suggests he could return after more practices**

Still headache-free and with his short-term memory completely returned, Evgeni Malkin went through a full-contact practice with many of his Pittsburgh Penguins teammates Sunday.

Malkin, who has missed the past four games due to a concussion, said he "felt pretty good" immediately after the workout at a suburban rink.

Coach Dan Bylsma said the next step was for Malkin to pass an imPACT test. The team did not rule out a return Monday when the Penguins host the Tampa Bay Lightning, but Malkin indicated he'd prefer more time.

"Good practice today, but I need a couple more, I think," last year's NHL MVP and scoring champion said, adding the practice was not vigorous. "It was just a little bit tough to push my back and shoulders. But we will see. I feel pretty good, so we'll see the next step."

Malkin was injured colliding with the boards during a win over Florida on Feb. 22.

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## PGA. McIlroy will bounce back, says golf legend



Rory McIlroy looks dejected during the second round of the Honda Classic on Friday.  
STUART FRANKLIN/GETTY IMAGES

McIlroy plays out of The Bear's Club, which Nicklaus built as his home club for South Florida. The 23-year-old from Northern Ireland seeks advice from Nicklaus whenever he sees him. Nicklaus said he last spoke to McIlroy last Monday.

"He was struggling a little bit with his irons," Nicklaus said. "But he felt confident of it. I said, 'Don't worry about it. You're too good of a player. Your clubs will not make that much difference.' Maybe it's easy for me to say."

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Phillies beat Jays

**Howard in fine form**

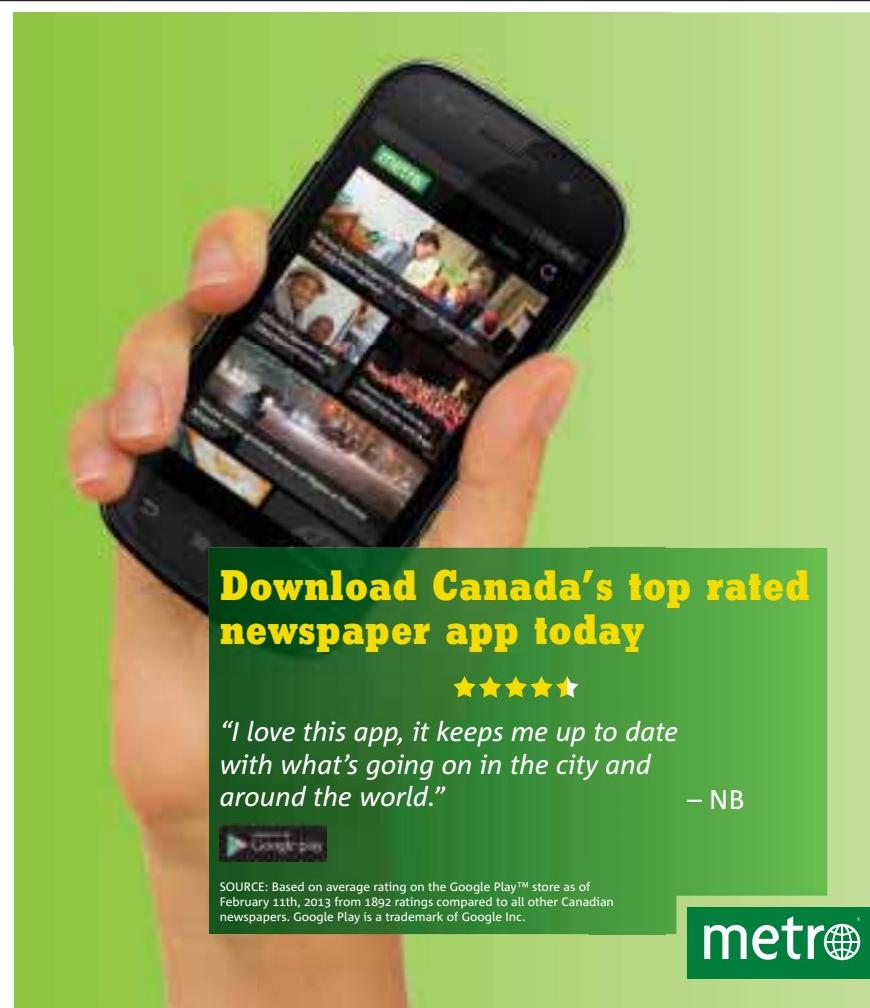
At least for the early part of spring training, Ryan Howard is showing his pre-injury form.

Howard hit a go-ahead, three-run homer off Brett Cecil that cleared the back fence and went out of Bright House Field, helping a Philadelphia Phillies' split squad beat the Toronto Blue Jays 13-5 Sunday in Clearwater, Fla.

"He's starting to get his legs under him," manager Charlie Manuel said. "He's getting his stroke."

Jose Bautista and Mark DeRosa homered for the Blue Jays.

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**metro**



Heat forward LeBron James goes up for a layup in front of Knicks forward Carmelo Anthony and guard J.R. Smith on Sunday at Madison Square Garden. KATHY WILLENS/THE ASSOCIATED PRESS

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# Heat handle Knicks' best shot to extend streak in Manhattan

**NBA.** Even with James hobbled, defending champs unbeaten in 14

LeBron James stretched his arm above the rim, soaring high on a shaky knee and turning his steal into a finishing dunk as Carmelo Anthony hung his head near midcourt.

The Heat took the Knicks' best shot, but it wasn't good enough to beat the defending champs.

Nothing is right now.

James had 29 points, 11 rebounds and seven assists, and Miami tied a franchise record with its 14th straight victory, rallying for a 99-93 victory at New York on Sunday.

"We feel like this is one of our better wins of the season,

## Scary moment

LeBron James landed awkwardly when he was fouled trying to catch a lob pass in the third quarter and was trying afterward to loosen his left knee or leg. He looked fine in the closing minutes, making key plays on both ends of the floor.

even under the circumstances that we went through tonight, a little adversity being down double digits," James said.

Dwyane Wade added 20 points, eight rebounds and eight assists for the Heat, who had to overcome a 16-point deficit to beat the Knicks for the first time in three tries this season. Chris Bosh bounded back from a dismal first half to

finish with 16 points and Shane Battier hit all four of his three-point attempts to score 12.

The Heat won their sixth straight on the road by controlling the final minutes against a team that had a pair of 20-point victories over them this season and looked ready to run them out of the building again.

But James shook off a third-quarter leg injury and was back in top form by the finish, putting it away by coming up with a steal and throwing down a dunk with 23 seconds left.

"Obviously, it's great to win games, period. But when you're on a win streak, you've got to find many different ways to win ball games and we've had comebacks in the last seconds, we've had double-overtime games, but this was probably the most thrilling one," Wade said. THE ASSOCIATED PRESS

## NBA

**Thunder top Clippers in L.A.**

Kevin Durant scored 35 points, Russell Westbrook had 29 points and 10 assists, and Oklahoma City held off a late rally by the Los Angeles Clippers to win 108-104 on Sunday in a matchup of two of the West's best teams.

Serge Ibaka added 16 points as the Thunder ended a three-game road skid.

Chris Paul scored 26 points and Blake Griffin and Jamal Crawford added 20 apiece for the Clippers, whose four-game winning streak ended.

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Thunder forward Kevin Durant rises for a dunk on Sunday.

GETTY IMAGES

## Metro London Student Athletes of the Week!

Meet Metro's featured students from Clarke Road S.S. This feature highlights exceptional students in partnership with the Thames Valley District School Board.



**Babac Salmani,  
Grade 12**

**Sports:** Senior Boys Volleyball – Captain, Senior Boys Basketball – Captain, Club Soccer Team

**College/University:** Western University

**Community involvement:** Social Change Club – raising awareness and creating change in local organizations like Habitat for Humanity, The London Food Bank, and Women's Community House



**Holly Robertson,  
Grade 12**

**Sport:** Senior Basketball Team, Senior Volleyball Team , Club Soccer Team

**School of Interest:** Western University/ Fanshawe for Nursing

**Athletic Awards:** Clarke Road David Richards - Senior Hustle Basketball Award, Most Valuable Player Award

**Community Involvement:** Violence Against Women Campaign, Scrooge, Anti-Bullying Campaign

**HP**

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